



## **KEV TXHAJ TSHUAI & Health Care DAIM NTAUV QHIA COV CHAW KEV PABCUAM**

Thawj qhov kev pab thiab zoo tshaj rau menyuam cov txhaj tshuai yog koj tus kws kho mob (primary care physician (PCP)). Yog koj xav tau cov kev txhaj tshuai kom sai li sai tau es thiaj li rau npe menyuam kawm ntawv tau hauv tsevkawm, hu mus cuag koj tus PCP kws kho mob thiab thov kom tau qhov kev pab nyob rau tib hnuv ntawd lossis teem tseg lub caijnyoog tuaj mus ntsib. Yog koj tsis muaj ib tug PCP kws kho mob, saib cov ntaubntawv hauv qab no kom paub txog lwm cov kev pabcuam ntau tshaj no ntxiv. Thov tsis txhob ua siab deb, hu rau tsevkawm tus neeg saib xyuas mob (school nurse) yog koj xav tau kev pab ntxiv.

**Elica Health Centers** [www.elicahealth.org](http://www.elicahealth.org) 1-855-354-2242

- 1750 Wright St. Sacramento, CA 95825
- Elica Del Paso Heights 1281 North Ave. Sacramento, CA 95838

**Health For All Community Clinics** [www.health-forall.org](http://www.health-forall.org)

- Downtown Clinic 923 V Street Sacramento, CA 95818-1331 916-448-6553
- Franklin Clinic 5385 Franklin Blvd. Sacramento, CA 95820 916-428-0656

**Molina Health** [www.molinahealthcare.com](http://www.molinahealthcare.com)

- 3946 Norwood Ave. Sacramento, CA 916-564-0521

**Planned Parenthood** [www.plannedparenthood.org/health-center/california/sacramento](http://www.plannedparenthood.org/health-center/california/sacramento)

- 5700 Watt Ave. North Highlands 916-332-5715
- 201 29<sup>th</sup> St. Ste. B Sacramento 916-446-6921

**Sacramento Community Clinic** [www.halocares.org](http://www.halocares.org)

- 2200 Del Paso Blvd Sacramento, CA 95815 916-924-7988
- 7275 E. Southgate Drive, Suite 204 Sacramento, CA 95823 916-428-3788

**Sacramento County Immunization Clinic – Friday afternoons only** – call for appt.

- 4600 Broadway Suite 1300, Sacramento, CA 95820 916-875-7468

**Sacramento Family Medical Center** [www.sacfamilly.com](http://www.sacfamilly.com)

- 3441 Marysville Blvd. Sacramento, CA 95838 916-563-7200
- 2928 Eastern Ave, Sacramento, CA 95821 916-971-6702
- 3811 Florin Rd #240, Sacramento, CA 95823 916-391-2229
- 5735 Watt Ave, N Highlands, CA 95660 916-339-2229
- 10390 Coloma Rd, Rancho Cordova, CA 95670 916-363-2229

**Sacramento Native American Health Center (SNAHC)** [www.SNAHC.org](http://www.SNAHC.org)

- 2020 J Street Sacramento, CA 95814 916-341-0575

**WellSpace Health** [www.wellspace.org](http://www.wellspace.org) 916-737-5555

- 21820 J St. Sacramento, CA 95811
- 6015 Watt Avenue, Suite 2 North Highlands, CA 95660
- 3415 Martin Luther King Jr. Blvd. Sacramento, CA 95817
- 8231 E Stockton Blvd, Suite D, Sacramento, CA 95828

Cov chaw muag tshuai noj (pharmacies) hauv zej zog muaj xwb li: Rite Aid, Walgreens, Walmart etc. Muaj tau tus nqi them– feem ntau yog \$50 – \$70 rau ib tug neeg twg qhov kev txhaj tshuai (immunization).